



“ADVANCED” WINTER CLINICS

hitting & fielding
baseball & softball 10-12yrs

Sundays 3:30-4:30 \$35/week per month
Clinics start the Beginning of Each Month:
Nov, Dec, Jan, Feb, Mar, Apr

Geared for the **truly advanced hitters**, primarily ages 10-12yrs, who have had formal instruction in the Sandlot or taken previous Intermediate or Advanced Camps in the past. This a fast-paced hitting clinic for players who are familiar with our terminology, philosophy drills and instructors.

NOTE: if you want to take a “mechanics refresher” camp the month before your start this clinic, register for the intermediate Clinic.

Get your reps in every week! This clinic will focus on fielding: footwork, quick release, range and control. Hitting: refining mechanics, utilizing upper & lower body, maximizing hip rotation, hitting with power, 'placing' the ball, increase velo, hitting off soft-toss machines, calling out colors or rotation of balls, pitching machines & live throwing to get players ready for the season.

- ❖ Players will be hitting from a tee, Backyard Batter, pitching machines, Max BP and other advanced tools.
- ❖ Video Analysis
- ❖ Mental Toughness training

Be Your Own



G.O.A.T.
GREATEST OF ALL TIME

NOTE: you must prepay for the month you are participating in.
You can continue on with the next month if you choose and pay before the next clinic starts.

[] BASEBALL [] SOFTBALL
[] Nov \$175 [] Dec \$140 [] Jan \$175 [] Feb \$140 [] Mar \$140 [] Apr \$105 (Swingfest 3 weeks)

*Name: _____ *Age: ____ City: _____

*Telephone Number: _____ Parent/Guardian: _____

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professional Instruction with 'Proven Results' for 18 years

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