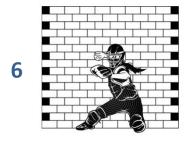


Indoor batting cages, Retail Store, team practice space and quality instruction since 2007!



"BE A WALL" Softball Catching Clinics 6 week clinics, Ages 8-13

NOVICE / BEGINNERS Ages 8-11yrs Tuesdays 6:00 – 7:00 6 weeks: March 4th – Apr 8th \$180 **INTERMEDIATE / ADVANCED**

Ages 10-13yrs Wednesdays 7:00 – 8:00 6 weeks: Mar 5th – Apr 9th \$180

Designed specifically for all youth player levels
Learning, developing and mastering the "proper" mechanics for catching
Preventing injuries and proper arm care for catchers

NOTE: We will be running pitching clinics concurrently so we may combine some of the sessions for live practice.

Heavy focus on building a solid foundation: proper stance & setup, receiving, blocking, footwork, throwing to all bases, plays at the plate and recovering wild pitches. Parents are welcome to stay & watch. Kids will have homework drills each week to work on in between sessions. Please bring a notebook to write down homework. Some players may have different drills to work on in between sessions. **Please bring catchers gear IF you have it. Please do NOT wear shorts**

If you would like to purchase gear, we have complete youth/beginner sets for under \$200. We also have catcher's gloves. BUT you can use your regular fielding glove for this clinic. If you want to purchase gear, come at least 1-2 week before the clinic to get sized properly and purchase gear (we may need to order additional sets)

Note: We limit the number of players to ensure quality & professional instruction. These clinics fill up fast, so don't wait. Payment and registration form must be received by end of Feb (please call after that date for availability). Stop by, mail form or register over the phone. (NOTE: cards are charged a 3.99% processing fee)

Select Clinic: [] Novice/Beginner \$180 [] Interm/Advanced \$180

| *Player Name: | *Age: |
|------------------------|--------------------------|
| City/Town you play in: | Travel team if any: |
| *Telephone Number: | Parent/Contact# <u>1</u> |

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