



**“ADVANCED”
WINTER CLINICS**
hitting & fielding
baseball & softball 10-12yrs

Sundays 4:30 \$30/week per month
Clinics start the Beginning of Each Month:
Nov, Dec, Jan, Feb, Mar, Apr

Geared for the **truly advanced hitters**, primarily ages 10-12yrs, who have had formal instruction in Sandlot or taken previous Intermediate or Advanced Camps in the past. This a fast-paced hitting clinic for players who are familiar with our terminology, philosophy and/or instructors.

NOTE: if you want to take a “mechanics refresher” camp in November to prepare for this, the Intermediate Clinic is the one for you.

Get your reps in every week! This clinic will focus on fielding: footwork, quick release, range and control. Hitting: refining mechanics, utilizing upper & lower body, maximizing hip rotation, hitting with power, 'placing' the ball, hitting off soft-toss machines, pitching machines & live throwing to get players ready for the season.

- ❖ Players will be hitting from a tee, Backyard Batter, pitching machines, Max BP and other advanced tools.
- ❖ Video Analysis
- ❖ Mental Toughness training

Be Your Own



G.O.A.T.
GREATEST OF ALL TIME

NOTE: you must prepay for the month you are participating in.
You can continue on with the next month if you choose and pay before the next clinic starts.

BASEBALL SOFTBALL
 Nov \$120 Dec \$150 Jan \$120 Feb \$120 Mar \$150 Apr \$90 (Swingfest 3 weeks)

*Name: _____ *Age: ___ City: _____

*Telephone Number: _____ Parent/Guardian: _____

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professional Instruction with 'Proven Results' for 16 years

