

SANDLOT SPORTS ACADEMY

11417 LPGA Drive (route 352) East Corning

Indoor batting cages, Retail Store, team practice space and professional instruction since 2007!



7-week Pre-Season Clinic Mastering the Mechanics Baseball Players 8-12yrs

geared toward any player level looking to develop & master mechanics & form before the season starts

Mondays in March 4th - April 15th 7:00 – 8:00

8-12yrs any level (players will be divided into ability-level groups)

Limited Space! \$210 for 7 weeks!

- Designed specifically for all youth player levels
- Learning, developing and mastering the “proper” mechanics for pitching and catching
 - Preventing injuries and proper arm care for both pitchers AND catchers

Pitchers will focus on learning and mastering mechanics; Pitches taught: two seam & four seam fastball and the change up (if advanced); accuracy vs velocity; hitting locations & movement, arm care and strengthening.

Catchers will focus on learning the proper stance & setup, receiving, blocking, footwork, throwing to all bases, plays at the plate and recovering wild pitches. Please bring catchers gear. NOTE: we have gear in stock in our Pro Shop

**If you would like to purchase gear, we have complete sets for \$189.99 and up.
Come at least a week before the clinic in case we need to order your size.**

Note: We have low player-instructor ratios and limit the number of players to ensure quality instruction. These clinics fill up fast, so don't wait. Payment and registration form must be received by March 1st. Stop by, mail form or register over the phone. Parents are welcome to stay & watch or drop off.

\$210 per player Total Amount Enclosed: \$ _____

*Player(s) Name: _____ *Ag(s): _____ [] Pitcher and/or [] Catcher

City/Town you play in: _____

*Telephone Number: _____ Parent/Contact#1 _____

*Telephone Number: _____ Parent/Contact #2 _____

SANDLOT SPORTS ACADEMY & Backyard Batter Pro

11417 LPGA Dr/ Rte 352, E. Corning, NY 14830

607-973-2226 www.sandlotsportsacademy.com

607-346-0113 off hours contact (only between 9am – 9pm, please)



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