

SANDLOT SPORTS ACADEMY

11417 LPGA Drive (route 352) East Corning

Indoor batting cages, Retail Store, team practice space and quality instruction since 2007!



Mastering the Mechanics Baseball Players 8-12yrs

geared toward any player level looking to develop & master mechanics & form

Every Tuesday in March and/or April

6:00 – 7:00pm: beginners/development (no experience or very little)

7:00 – 8:00pm: intermediate/advance (at least 2 years experience)

New clinics start the beginning of each month.

Very Limited Space! only \$30/week but must prepay for the month attending

- Designed specifically for all youth player levels
- Learning, developing and mastering the “proper” mechanics for pitching and catching
 - Preventing injuries and proper arm care for both pitchers AND catchers

Pitchers will focus on learning and mastering mechanics; Pitches taught: two seam & four seam fastball and the change up; accuracy vs velocity; hitting locations & movement, arm care and strengthening.

Catchers will focus on learning the proper stance & setup, receiving, blocking, footwork, throwing to all bases, plays at the plate and recovering wild pitches. Please bring catchers gear. NOTE: we have gear in stock in our Pro Shop

If you would like to purchase gear, we have complete sets for \$159.99+. Come before the first day of the clinic.

Note: We have low player-instructor ratios and limit the number of players to ensure quality & professional instruction. These clinics fill up fast, so don't wait. Payment and registration form must be received prior to the start of each monthly clinic. Stop by, mail form or register over the phone. Parents are welcome to stay & watch or drop off.

Mqrch \$120 Apr \$120 Total Amount Enclosed: \$ _____

*Player Name: _____ *Age: ____ Pitcher and/or Catcher

City/Town you play in: _____

*Telephone Number: _____ Parent/Contact#1 _____

*Telephone Number: _____ Parent/Contact #2 _____

*E-MAIL: _____

SANDLOT SPORTS ACADEMY & Backyard Batter Pro

11417 LPGA Dr/ Rte 352, E. Corning, NY 14830

607-973-2226 www.sandlotsportsacademy.com

607-346-0113 off hours contact



www.SandlotSportsAcademy.com

We have clinics specifically for various age and ability levels, 5-7yrs thru high school.