

# April Showers Brings May "Power" with the **SWING-FEST CLINIC at The Sandlot**

100+ **Quality** Swings In An Hour Every Week  
Baseball & Softball Ages 8-12 yrs

*Every Sunday Starting April 5th  
Only \$75 for all 3 weeks (closed Easter)*

*Instructors will put you through a Fast-Paced Hitting Program  
designed to get you ready for the season with a ton of reps!*

Ages: 8-12yrs

Cost: \$75 for 3 weeks (1 hr each week)

When: Sundays 1-2pm 2-3pm Advanced Players (additional time at 3:00 as needed)

*Clinics fill up quickly every year so don't hesitate. Limited to 12 players per hour to ensure quality instruction.*

Get your reps in every week! This clinic is meant to be an instructional, yet fast-paced, class focusing on refining mechanics, utilizing upper & lower body, maximizing hip rotation, hitting with power, 'placing' the ball, **all while hitting off tees, soft-toss machines and pitching machines** to get players ready for the season.

- ❖ Players will be hitting from a tee, automated soft-toss machines and pitching machines.
- ❖ Instructor(s) will be actively monitoring and instructing players while they are using the machines.
- ❖ We will be using the commercial pitching machines please bring a helmet.
- ❖ Pitching machines will be set approx 35-50mph (younger players) and 50-60mph older players.
- ❖ We estimate each player will get at least 100 swings during each session.
- ❖ Limited to 10 participants each hour to ensure quality instruction and a ton of reps.

**Registration is due by April 3rd. However, these will fill up fast, so we suggest  
you register as soon as possible. Call to register over the phone, drop off or mail in form.**

=====

Apr \$75 for 4 weeks      Amount Enclosed: \$ \_\_\_\_\_

\*Player Name: \_\_\_\_\_ \*Age: \_\_\_\_\_ City: \_\_\_\_\_

\*Telephone Number: \_\_\_\_\_ \*E-MAIL: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Signature: \_\_\_\_\_

## **Sandlot Sports Academy**

**11417 LPGa Dr (on Rte 352) E. Corning, NY 14830**

**607-973-2226** [www.sandlotsportsacademy.com](http://www.sandlotsportsacademy.com)

**607-346-0113 cell – please call during off hours**

**M-F: 3p-8p Sat: 11a-5p Sun: 12p-5p**

Sundays are busiest days, please call ahead for best hours to  
use the cages.

