

# SANDLOT SPORTS ACADEMY

11417 LPGa Drive (route 352) East Corning

*Now in its 13<sup>th</sup> year!*



## Hitting: Skills, Drills & Mastering Mechanics

### FOR BASEBALL & SOFTBALL

Novice/Beginners OR ANY player that has not had professional instruction with us previously. ages 7-12yrs

Every Sunday 1:00-2:00 in Nov, Dec, Jan, Feb and March  
A new clinic starts the beginning of each month.  
*Professional 'Results-Proven' Instructors*

*Note: if you are unsure on which clinic to attend, please call us and we will help guide you*

**It's said that hitting a baseball is the most difficult skill in all sports.** Instructing hitting is even harder. You can't use a "cookie cutter" approach for every player. Certain fundamentals and basic mechanics are shared by most hitters. HOWEVER, each player will require his own set of instructions and hitting drills to maximize his/her understanding and potential. The importance of tee work and dry work, for every level, will be stressed in all classes. Off-season & pre-season is the optimal time to work on hitting.

Take-home drills are given each week. Players who do these drills will see faster results. Sessions will be held every Sunday from 1:00 – 2:00pm. Registration and payment are due prior to the start of each month as class size is limited. Bring bat (if you have one). We have renovated and enlarged our Retail Shop. Demo bats available. In-stock bats at Internet pricing, special incentives and discounts. Check us out for all your baseball & softball needs.

Note: We pride ourselves on small class-sizes & low players-instructor ratios to ensure quality one-on-one professional instruction. **These clinics fill up fast, so don't wait. Payment and registration form must be received prior to the start of each monthly clinic. Stop by, print & mail form or register over the phone.**

**Starts the 1<sup>st</sup> Sunday of each month 1:00 – 2:00pm**

☐ Nov \$100    ☐ Dec \$125    ☐ Jan \$100    ☐ Feb \$100    ☐ Mar \$125  
☐ Baseball    ☐ Softball    Total Amount Enclosed: \$ \_\_\_\_\_

\*Name: \_\_\_\_\_ \*Age: \_\_\_\_\_ City: \_\_\_\_\_

\*Telephone Number: \_\_\_\_\_ \*E-MAIL: \_\_\_\_\_

Parent/Guardian #1 Name: \_\_\_\_\_

Parent/Guardian #1 Name: \_\_\_\_\_

### **SANDLOT SPORTS ACADEMY & Backyard Batter Pro**

11417 LPGa Dr/ Rte 352, E. Corning, NY 14830

607-973-2226 [www.sandlotsportsacademy.com](http://www.sandlotsportsacademy.com)

607-346-0113 off hours contact



[www.SandlotSportsAcademy.com](http://www.SandlotSportsAcademy.com)