

SANDLOT SPORTS ACADEMY

11417 LPGA Drive (route 352) East Corning

- the area's premier indoor practice and training facility for 12 years
- measureable & proven results with our professional instructors



7- WEEK PRE-WINTER PREP CLINICS FOR BASEBALL & SOFTBALL

Youth ages 8-12 yrs and Modified/JV Level
Sundays Nov 4th – Dec 16th

Hitting is an art. You can't use a "cookie cutter" approach for every player. Certain fundamentals and basic mechanics are shared by most hitters. HOWEVER, each player will require his/her own set of instructions and hitting drills to maximize his/her understanding and potential.


Be ready before your winter workouts start with our Pre-Winter Prep Program. 1 hour each week for 7 weeks beginning November 4th. We will focus on hitting, fielding & throwing. We pride ourselves on a low instructor-participant ratio and limit the number in each session to ensure the highest quality of instruction. Registration and payment are due by Nov 2nd. Ask about our weekly payment program of \$25/week. Please call 607-973-2226 (or 346-0113c) for availability after that date.

Intended audience: Baseball & Softball, ages 8yrs - 12yrs and 13 yrs+

Camp Description: Professional instructors will focus heavily on breaking down and explaining the swing mechanics, bat speed drills, exit velocity, building confidence through development and working on muscle memory.

Items to Bring to Camp: comfortable clothes, cleats or sneakers. We have drinks and light snacks available for purchase.

We have numerous 2019 DEMO bats for baseball & softball. Demarini, Louisville, Easton, Axe, Anderson, and Mizuno. We offer special discount pricing for our customers. We can beat internet prices! Our Retail Shop carries a nice selection of top gloves, bats, batting gloves and more!

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|  <p>Youth Softball ages 8-12yrs</p> <p>Cost: \$175 for 7 weeks Sundays, Nov 4th – Dec 16th</p> |  <p>Youth Baseball ages 9-12 yrs</p> <p>Cost: \$175 for 7 weeks Sundays, Nov 4th – Dec 16th</p> |  <p>Modified/JV levels for Baseball & Softball</p> <p>Cost: \$175 for 7 weeks Sundays, Nov 4th – Dec 16th</p> <p>This level will focus on intensive and progressive hitting.</p> |
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Private Lessons available anytime. Bootcamp clinics beginning in January.

These clinic fill up fast. Payment and registration form must be received prior to the start of each month.
You can mail, drop off form or call to register over the phone.

Youth Softball 1–2 pm Youth Baseball 2–3 pm Mod/High School 3-4pm

*if there is a week you cannot attend, we may be able to pro-rate the cost. We must know at registration.

Name: _____ Age: _____ City/School: _____

Telephone Number: _____ E-MAIL: _____

Parent/Guardian Name: _____ Signature: _____

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