

Back Again by Popular Demand...

# April Showers Brings May "Power" with the SWING-FEST CLINIC at the Sandlot

100+ **Quality** Swings In An Hour



4-week Hitting Program starting April 8<sup>th</sup>

Every Sunday 12-1 or 1-2

Only \$100 for all 4 weeks

Baseball & Softball Ages 9-13 this clinic fills up every year, call now.

Ages: 9-13 yrs (8 yrs old can attend providing they can hit off pitching machines)

Cost: \$100 for 4 weeks (1 hr each week)

When: Sundays 12-1pm and 1-2pm

*note: Either 12:00 or 1:00 time slot will be assigned to kids according to age/ability level once registration is started.*

Get your reps in every week! This clinic is meant to be an instructional, yet fast-paced, class focusing on refining mechanics, utilizing upper & lower body, maximizing hip rotation, hitting with power, 'placing' the ball, **all while hitting off various machines** to get players ready for the season.

- ❖ Players will be hitting from a tee, automated soft-toss machines and pitching machines.
- ❖ Instructor(s) will be actively monitoring and instructing players while they are using the machines.
- ❖ We will be using the commercial pitching machines so we will leave it up to parents decision if you have an 8 year old that wishes to participate.
- ❖ Pitching machines will be set approx 35-50mph (younger players) and 50-65mph older players.
- ❖ We estimate each player will get at least 100 swings during each session.
- ❖ Limited number of participants each hour to ensure quality instruction.
- ❖ **Registration is due no later than 2 days prior to the start of each clinic. However, these will fill up fast, so we suggest you register as soon as possible. Call to reserve your spot, then drop off or mail in form.**

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Apr \$100 for 4 weeks      Amount Enclosed: \$ \_\_\_\_\_

\*Name: \_\_\_\_\_ \*Age: \_\_\_\_\_ City: \_\_\_\_\_

\*Telephone Number: \_\_\_\_\_ \*E-MAIL: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Signature: \_\_\_\_\_

**Sandlot Sports Academy**  
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